

**ISTAR-KR Matrix: Physical
OSEP Outcome 2 & 3**

Core Standard1: Sensory Integration				
0	1	2	3	4
No Evidence	Responds to sensory input with a variety of behaviors	Tolerates a variety of sensory input	Regulates sensory input with assistance	Applies a strategy to regulate sensory input
	<i>Interacts with environment using tactile senses(hands and mouth)</i>	<i>Responds to sensory input with a variety of behaviors</i>	<i>Tolerates a variety of sensory input</i>	<i>Regulates sensory input with assistance</i>
	<i>Uses auditory senses to interact with the environment</i>	<i>Tolerates variety of tastes and chews on non-food objects</i>	<i>Calms with security object, sucking thumb or fingers, or by a familiar person</i>	<i>Comforts self</i>
	<i>Uses visual sense to interact with environment</i>	<i>Tolerates touch</i>	<i>Calms when taken to different environment</i>	<i>Uses simple routines, rules to cope</i>
	<i>Uses olfactory sense</i>	<i>Tolerates variety of levels of sound</i>	<i>Calms when redirected</i>	<i>Independently uses a strategy</i>
	<i>Has established a consistent sleeping and eating schedule</i>	<i>Tolerates light</i>		<i>Regulates own schedule for sleeping, eating</i>
	<i>Likes to be held and molds body when being held</i>	<i>Tolerates being messy</i>		
		<i>Is comfortable when being moved</i>		

Core Standard 2: Physical Stability				
0	1	2	3	4
No Evidence	Demonstrates strength in resisting gravity	Demonstrates movement with strength	Demonstrates stability and balance in upright position with assistance	Demonstrates stability, balance and control in upright position
	<i>Controls head purposefully</i>	<i>Demonstrates strength in resisting gravity</i>	<i>Demonstrates movement with strength</i>	<i>Demonstrates stability and balance in upright position with assistance</i>
	<i>Turns head when on back</i>	<i>Demonstrates movement when on stomach</i>	<i>Sits with support</i>	<i>Bears weight on a variety of body parts</i>
	<i>Turns head when on stomach</i>	<i>Demonstrates movement when on back</i>	<i>Stands a few moments with help</i>	<i>Sits independently</i>
	<i>Controls head when in supported sit</i>	<i>Raises head and chest when on stomach</i>	<i>Pulls to standing holding onto someone or something</i>	<i>Transitions to sit from back or stomach</i>
	<i>Sits momentarily with support of caregiver</i>	<i>Moves arms and legs when on back or stomach</i>	<i>Sits in chair from standing</i>	<i>Transitions to back or stomach from sit</i>
				<i>From sit position, reaches with either arm maintains balance</i>
				<i>Stands from sitting position</i>
				<i>Stoops and picks up small object and regains stand</i>

Core Standard 3 : Gross Motor Skills					
0	1	2	3	4	5
No Evidence	Rolls	Crawls, Creeps	Moves in upright position	Coordinates forward movement	Sustains physical activity
	<i>Rolls</i>	<i>Rolls</i>	<i>Crawls, creeps</i>	<i>Moves in upright position</i>	<i>Regulates forward movement</i>
		<i>Crawls, creeps</i>	<i>Walks with hand held</i>	<i>Walks without support</i>	<i>Runs, stops, changes direction</i>
		<i>Moves up and down inclines</i>	<i>Walks up and down stairs with support</i>	<i>Walks up and down stairs independently</i>	<i>Hops</i>
			<i>Cruises around furniture</i>	<i>Runs for short distances</i>	<i>Skips</i>
				<i>Moves forward on a riding toy</i>	<i>Gallops</i>
				<i>Jumps forward</i>	<i>Combines motor skills to use some sport equipment</i>
					<i>Performs simple tumbling stunts</i>
					<i>Rides tricycle</i>

Core Standard 4: Object Control					
0	1	2	3	4	5
No Evidence	Grasps, reaches and releases objects	Releases objects with control	Uses both hands in middle of body	Throws, catches and kicks objects	Throws, catches, kicks objects with control
	<i>Demonstrates grasping</i>	<i>Grasps, reaches, and releases objects</i>	<i>Release objects with control</i>	<i>Uses both hands in middle of body</i>	<i>Throws, catches and kicks objects</i>
	<i>Reaches across body to grasp object</i>	<i>Gives object to another person</i>	<i>Use one hand hold object while using the other to manipulate</i>	<i>Walks into ball to kick</i>	<i>Kicks ball by lifting foot</i>
	<i>Obtains objects independently</i>	<i>Puts objects in containers</i>	<i>Uses hands to do finger play songs</i>	<i>Throws object in any direction</i>	<i>Throws at a target</i>
	<i>Drops objects</i>	<i>Releases objects</i>		<i>Catch large ball close to body</i>	<i>Catches smaller ball with hands</i>
	<i>Grasps both hands together in middle of body</i>				

Core Standard 5: Precision Hand Skills			
0	1	2	3
No Evidence	Grasps small objects	Isolates one or two fingers	Uses fingers of two hands to complete activities
	<i>Grasps small objects independently with whole hand</i>	<i>Grasps small objects</i>	<i>Isolates one or two fingers</i>
	<i>Holds small object in each hand</i>	<i>Pushes buttons with finger or fingers to activate toys</i>	<i>Uses scissors to cut on a line</i>
	<i>Bangs small object on surface</i>	<i>Turns or manipulates a variety of buttons on pop up box</i>	<i>Uses markers and pencils while holding paper</i>
	<i>Bangs two small objects together</i>	<i>Rotates objects in hand</i>	<i>Folds and tears paper</i>
		<i>Uses visual motor perception to manipulate objects</i>	<i>Holds ruler with one hand while using pencil to draw</i>
		<i>Uses thumb and side of finger to grasp small objects</i>	<i>Holds paper with one hand while applying glue with the other</i>
		<i>Uses thumb and two or more fingers to grasp tools</i>	